

Health Concerns:

Please help us keep our camp safe and the camping experience enjoyable for all campers! **All health forms should be turned in to Camp Director, Maddie Allman at allman.68@osu.edu.** Please indicate any special dietary needs or other special accommodations on these forms so that we can best prepare to accommodate your child's needs. For the health of camp, campers, counselors, and staff, temperatures will be checked upon arrival. Anyone found to have a temperature will be rechecked by the camp nurse and if found to still have a fever will not be allowed to stay at Camp. (They may return to Camp if their temperature returns to normal for 24 hours. However, they will be rechecked upon arrival.) Persons found to have head lice will also not be allowed to remain at Camp and will be sent home. Should your camper become ill or injured we will make every attempt to contact you by phone immediately. Please make sure the phone numbers you provide on your health forms are current, and please provide us with cell phone numbers and a backup emergency contact number of another family member. The nurse will collect all medications and they must be in the original container including physician's directions.

Camp Canteen: Campers can choose to bring money to spend at the camp canteen. Please send small bills (\$1-\$5) with your camper. Change for larger amounts is not always available. Campers will not need large amounts of money during camp. (Camp shirts are again part of the registration fee). Snacks and drinks are also available during the week from the canteen (\$20 should be more than enough to cover any needs or wants your child may have at camp.) The Canteen will also be open during camp check-in and check-out if you would like to purchase something for your child. Canter's Cave is not responsible for lost or stolen money or for camp t-shirts found with no name.

What to Bring: Pillow, sleeping bag/bedding, dirty clothes bag, twin sheets. Personal items (soap, toothpaste/brush, shampoo/conditioner, bath towels, shower shoes, deodorant, etc.) outdoor clothes, swimsuit (one piece is recommend), beach towels, sunscreen+, small flashlight, small fan, insect repellent, water boots/shoes or old tennis shoes, (flip flops are not allowed on trails), disposable camera, jacket or sweatshirt, jeans or sweat pants, decorations for your cabin (best decorated cabin contest!). [A more in-depth packing list can be found in the camp handbook.](#)

What NOT to Bring: NO Tobacco products, alcoholic beverages, knives or firearms or other weapons, refrigerators, computer equipment, I-pods, **cell phones**, tablets or Wi Fi devices, non-prescription drugs, explosives, fireworks, lighters or candles, personal sports equipment and animals may be brought to camp. The camp director may inspect or search possessions if there is a reasonable cause to suspect a camper may possess items which could cause harm.

Strongly Discouraged Items: Lots of extra food in the cabins, anything of high value. (Camp is not responsible for lost or damaged personal belongings.) Please label disposable cameras or other such items with the camper's name.

In Case of Emergency: Please call camp at (740) 286-4058 and ask for Maddie Allman, Camp Program Director, or call her direct line at (740) 688-5032. If your call is not answered right away, please leave a message.